

## REVIEW

# Submaximal PPAR $\gamma$ activation and endothelial dysfunction: new perspectives for the management of cardiovascular disorders

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Note: The drug/molecular target nomenclature conforms to BJP's Guide to Receptors and Channels (Alexander *et al.*, 2011).

### Keywords

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PPAR $\gamma$  activation plays an important role in glucose metabolism by enhancing insulin sensitization. PPAR $\gamma$  is a primary target for thiazolidinedione-structured insulin sensitizers like pioglitazone and rosiglitazone employed for the treatment of type 2 diabetes mellitus. Additionally, PPAR $\gamma$  activation inhibits adhesion cascades and detrimental vascular inflammatory events. Importantly, activation of PPAR $\gamma$  plays a distinctive role in regulating the physiology and expression of endothelial nitric oxide synthase (eNOS) in the endothelium, resulting in enhanced generation of vascular nitric oxide. The PPAR $\gamma$  activation-mediated vascular anti-inflammatory and direct endothelial functional regulatory actions could, therefore, be beneficial in improving the vascular function in patients with atherosclerosis and hypertension with or without diabetes mellitus. Despite the disappointing cardiac side effect profile of rosiglitazone-like PPAR $\gamma$  full agonists, the therapeutic potential of novel pharmacological agents targeting PPAR $\gamma$  submaximally cannot be ruled out. This review discusses the potential regulatory role of PPAR $\gamma$  on eNOS expression and activation in improving the function of vascular endothelium. We argue that partial/submaximal activation of PPAR $\gamma$  could be a major target for vascular endothelial functional improvement. Interestingly, newly synthesized partial agonists of PPAR $\gamma$  such as balaglitazone, MBX-102, MK-0533, PAR-1622, PAM-1616, KR-62776 and SPPAR $\gamma$ M5 are devoid of or have a reduced tendency to cause the adverse effects associated with full agonists of PPAR $\gamma$ . We propose that the vascular protective properties of pharmacological agents, which submaximally activate PPAR $\gamma$ , should be investigated. Moreover, the therapeutic opportunities of agents that submaximally activate PPAR $\gamma$  in preventing vascular endothelial dysfunction (VED) and VED-associated cardiovascular disorders are discussed.

### Abbreviations

ADMA, asymmetric dimethyl-L-arginine; AGEs, advanced glycation end products; AMPK, adenosine monophosphate-activated protein kinase; BH4, tetrahydrobiopterin; 15d-PGJ<sub>2</sub>, 15-deoxy- $\delta$ -12,14-PG J<sub>2</sub>; EDRF, endothelium-derived relaxing factor; eNOS, endothelial NOS; EPCs, endothelial progenitor cells; FAD, flavin adenine dinucleotide; FMN, flavin mononucleotide; HSP90, heat shock protein90; HUVEC, human umbilical vein endothelial cells; NADPH, nicotinamide adenine dinucleotide phosphate; ox-LDL, oxidized low-density lipoprotein; PAI-1, plasminogen activator inhibitor-1; PI3K, phosphatidylinositol 3-kinase; PP1, protein phosphatase 1; RAAS, renin-angiotensin-aldosterone system; SHP-2, protein tyrosine phosphatase-2; SOD, superoxide dismutase; T2DM, type 2 diabetes mellitus; VCAM-1, vascular cell adhesion molecule-1; VED, vascular endothelial dysfunction

## Introduction

PPAR $\gamma$ , a ligand-activated transcription factor of the nuclear hormone receptor family, regulates gene expression for glucose homeostasis. Activation of PPAR $\gamma$  causes insulin sensitization, and thus favours glucose metabolism (Saltiel and Olefsky, 1996; Bishop-Bailey, 2000; Lebovitz and Banerji, 2001). Subsequently, PPAR $\gamma$  agonists were approved for the treatment of insulin resistance-associated type 2 diabetes mellitus (T2DM) (Lebovitz and Banerji, 2001; Dubois *et al.*, 2002). Thiazolidinediones such as ciglitazone, troglitazone, rosiglitazone and pioglitazone are well-studied full agonists of PPAR $\gamma$ , and among them, pioglitazone is the only available PPAR $\gamma$  agonist used clinically to treat T2DM (Forst *et al.*, 2011). The other thiazolidinedione class of drugs are not used clinically due to their adverse profile (Nesto *et al.*, 2003; Balakumar *et al.*, 2007a,b; Quinn *et al.*, 2008; Patel, 2009), and unfortunately even the use of pioglitazone has recently been

restricted to a few countries as the US Food and Drug Administration warned that it may cause urinary bladder cancer. Thiazolidinediones, including rosiglitazone, were withdrawn from the market of several countries due to an increased risk of cardiovascular events (Patel, 2009; Palee *et al.*, 2011). Although the adverse profiles of full agonists of PPAR $\gamma$  are highly disappointing, the unexplored therapeutic potential of novel pharmacological interventions targeting PPAR $\gamma$  submaximally (Table 1), for the prevention of cardiovascular disorders, cannot be ruled out.

There is accumulating evidence that activation of PPAR $\gamma$  plays an essential role in the regulation of the vascular endothelial function (Polikandriotis *et al.*, 2005; Duan *et al.*, 2008; Yu *et al.*, 2010). The endothelium is an innermost lining of the blood vessel that is anti-coagulant and anti-thrombotic in nature, thus it maintains the free flow of blood through vessels. It releases various mediators involved in the regulation of vascular tone that include NO, known as

**Table 1**

Pharmacological agents that submaximally activate PPAR $\gamma$  that need special attention to explore their vascular protective potentials

Serial number	Activators of PPAR $\gamma$	Endothelial protective potential	References
1	Telmisartan	a) Telmisartan, a partial PPAR $\gamma$ agonist, augmented eNOS expression and activation and NO production through PPAR $\gamma$ activation independently of AT $_1$ receptor blockade in mice. b) The diabetes-associated decrease in eNOS-Ser 1177 phosphorylation was normalized by telmisartan in rats. c) The protective potential of telmisartan against VED and vascular complications has been predominantly mediated through its PPAR $\gamma$ activating property in obese type 2 diabetic db/db mice. d) Telmisartan enhanced the bioavailability and vascular generation of NO through its PPAR $\gamma$ -agonistic action in WHHL rabbits. e) Telmisartan improved VED by reducing ADMA levels through its additional mechanism associated with PPAR $\gamma$ activation independent to its AT $_1$ receptor blockade-mediated hypotensive action in patients with essential hypertension.	Yuen <i>et al.</i> (2011) Wenzel <i>et al.</i> (2008) Toyama <i>et al.</i> (2011) Ikejima <i>et al.</i> (2008) Ono <i>et al.</i> (2009)
2	Rosuvastatin	Rosuvastatin regulated blood pressure homeostasis via PPAR $\gamma$ -NO-dependent mechanism in obese dyslipidaemic mice.	Desjardins <i>et al.</i> (2008)
3	Atorvastatin	The anti-atherogenic effect of atorvastatin has been associated with an increase in the expression of PPAR $\gamma$ , enhancement of NO concentration and decrease in PAI-1 level in rabbits.	Yang <i>et al.</i> (2010)
4	Balaglitazone	It is a partial PPAR $\gamma$ agonist having reduced potential to increase fluid retention and weight gain. Its endothelial protective role is yet to be determined.	Henriksen <i>et al.</i> (2011)
5	MBX-102	It is a partial PPAR $\gamma$ agonist not having classical PPAR $\gamma$ agonists-associated side effects. Its endothelial protective role is yet to be determined.	Gregoire <i>et al.</i> (2009)
6	MK-0533	It is a partial PPAR $\gamma$ agonist having reduced potential to increase plasma and extracellular fluid volume. Its endothelial protective role is yet to be determined.	Acton <i>et al.</i> (2009)
7	PAR-1622	It is a selective partial PPAR $\gamma$ agonist having excellent anti-hyperglycemic activity with broad safety profile against fluid retention experimentally. Its endothelial protective role is yet to be determined.	Kim <i>et al.</i> (2009a)
8	PAM-1616	It is a selective partial PPAR $\gamma$ agonist having excellent anti-hyperglycemic activity with reduced tendency to cause fluid retention experimentally. Its endothelial protective role is yet to be determined.	Kim <i>et al.</i> (2011)
9	KR-62776	It is a partial PPAR $\gamma$ agonist with reduced tendency to cause obesity experimentally. Its endothelial protective role is yet to be determined.	Kim <i>et al.</i> (2009b)
10	SPPAR $\gamma$ M5	It is a potent partial PPAR $\gamma$ agonist not causing significant fluid retention or cardiac hypertrophy in obese Zucker rats. Its endothelial protective role is yet to be determined.	Chang <i>et al.</i> (2008)

endothelium-derived relaxing factor. NO is a key regulator of cardiovascular function as it mediates vasorelaxation, inhibits leucocyte–endothelial adhesion and prevents platelet aggregation (Naseem, 2005; Desjardins and Balligand, 2006; Balakumar *et al.*, 2008a; Jindal *et al.*, 2008; Kaur *et al.*, 2010a), the actions of which could be of benefit in averting the pathogenesis of cardiovascular disorders such as atherosclerosis, hypertension and ischaemic heart disease.

NO is synthesized in the endothelium from L-arginine by endothelial NOS (eNOS) (Palmer *et al.*, 1988; Wyatt *et al.*, 2004). Vascular endothelial dysfunction (VED) is specified as an impairment of endothelium-dependent vasorelaxation resulting from eNOS down-regulation or inactivation, and the subsequent reduction in NO levels, leading to deregulation of vascular homeostasis and induction of cardiovascular dysfunction (Rush *et al.*, 2005; Balakumar *et al.*, 2008a,b; Balakumar and Kaur, 2009). In addition, high oxidative stress may account for the development of VED as the superoxide anion radical ( $O_2^{\cdot-}$ ) combines with NO to decrease the bioavailability of endothelial NO. Nicotinamide adenine dinucleotide phosphate (NADPH)-oxidase is known to produce superoxide anion, while superoxide dismutase (SOD) degrades superoxide anion. The overexpression of NADPH oxidase and reduced expression of SOD could therefore cause increased generation of superoxide anion, which could reduce the bioavailability of endothelial NO (Hwang *et al.*, 2005), leading to the development of a dysfunctional endothelium. The VED has been associated with various cardiovascular disorders such as atherosclerosis (Desjardins and Balligand, 2006), hypertension (Puddu *et al.*, 2000) and coronary artery disease (Caramori and Zago, 2000). Therefore, maintaining a normal function of the vascular endothelium by maintaining the normal activation of eNOS and generation of NO in the vascular bed is essential for the prevention of the progression of detrimental cardiovascular disorders. Interestingly, recent studies have demonstrated a key role of PPAR $\gamma$  in regulating the function of the vascular endothelium (Ríos-Vázquez *et al.*, 2006; Duan *et al.*, 2008; Kaur *et al.*, 2010b; Yu *et al.*, 2010). There is evidence that activation of PPAR $\gamma$  causes eNOS activation and NO generation involving diverse mechanisms (Calnek *et al.*, 2003; Cho *et al.*, 2004; Polikandriotis *et al.*, 2005). It is important to identify the signalling system involved in PPAR $\gamma$ -mediated eNOS activation for advancing our current knowledge of the beneficial role of novel PPAR $\gamma$  agonists in preventing the induction and progression of VED. In this review we discuss the potential regulatory role of PPAR $\gamma$  on eNOS expression and activation, and novel therapeutic openings of submaximal (diminished maximal) PPAR $\gamma$  agonists in preventing VED and VED-associated cardiovascular disorders.

## Mechanism of eNOS activation

The activation of eNOS for the generation of endothelial NO is regulated by various kinases and phosphatases. Structurally, eNOS consists of two terminal domains, oxygenase-NH<sub>2</sub> and reductase-COOH, and it also has a few well-described sites for phosphorylation/dephosphorylation such as Ser<sup>1177</sup> and Thr<sup>495</sup>. Some other sites that regulate eNOS activity, Ser<sup>633</sup>, Ser<sup>114</sup> and Ser<sup>615</sup>, have also been identified; however, their

precise roles remain controversial (Mount *et al.*, 2007). The eNOS has a binding site for calmodulin necessary for the enzyme activity (Mount *et al.*, 2007). The regulation of eNOS expression and activation is influenced by various cellular events such as transcriptional regulation, protein–protein interaction, phosphorylation and dephosphorylation at different amino acid sequences of eNOS (Govers and Rabelink, 2001).

The eNOS is chiefly expressed in the vascular endothelium. Shear stress, induced by flow of fluid across the endothelium, can up-regulate the expression of eNOS (Noris *et al.*, 1995). In addition, various growth factors such as vascular endothelial growth factor, basic fibroblast growth factor and epidermal growth factor up-regulate the expression of eNOS (Kroll and Waltenberger, 1998; Zheng *et al.*, 1999). Moreover, insulin has been shown to play a key role in the up-regulation of eNOS (Kuboki *et al.*, 2000). Interestingly, a low concentration of oxidized low-density lipoprotein (ox-LDL) has been shown to up-regulate eNOS (Hirata *et al.*, 1995). Conversely, a high concentration of ox-LDL down-regulates the expression of eNOS (Laufs *et al.*, 1998). It should be noted that excessive NO itself can reduce eNOS expression through cGMP-mediated activation of a negative feedback regulatory mechanism (Vaziri and Wang, 1999).

The binding of eNOS to caveolin-1 in endothelial cells results in eNOS inactivation (Ju *et al.*, 1997). The protein–protein interaction between eNOS and caveolin-1 markedly reduces eNOS activity because caveolin-1 hampers calmodulin binding to eNOS when cytosolic calcium levels are low (Michel *et al.*, 1997). On the other hand, the interaction of heat shock protein 90 (HSP90) with eNOS results in eNOS activation (Garcia-Cardena *et al.*, 1998). Interestingly, protein–protein interaction between HSP90 and eNOS enhances eNOS activity by inducing calmodulin-stimulated displacement of eNOS from caveolin-1 (Gratton *et al.*, 2000). In addition, HSP90 and eNOS interact to enhance PKB (Akt)-mediated eNOS activation in the endothelium (Fontana *et al.*, 2002; Takahashi and Mendelsohn, 2003).

As summarized in Table 2, the eNOS activity is determined through phosphorylation or dephosphorylation at Ser<sup>1177</sup>, Ser<sup>633</sup> and Thr<sup>495</sup> sites of eNOS by multiple protein kinases, including PKB, PKA, PKC, AMP-activated protein kinase (AMPK) and ERK, and phosphatases such as protein phosphatase (PP)1 and PP2A in response to multiple stimuli via shear stress, growth factors, insulin, etc. (Dimmeler *et al.*, 1999; Michell *et al.*, 1999; 2001; Fleming *et al.*, 2001; Mount *et al.*, 2007; Chen *et al.*, 2009; Xiao *et al.*, 2011). Dimmeler *et al.* (1999) showed that PKB phosphorylates eNOS at the Ser<sup>1177</sup> site by a Ca<sup>2+</sup>-independent regulatory mechanism to activate eNOS. The PKA signalling activates eNOS by enhancing the phosphorylation of Ser<sup>1177</sup> and dephosphorylation of Thr<sup>495</sup>, whereas the PKC signalling in endothelial cells inhibits eNOS activation by dephosphorylating Ser<sup>1177</sup> and phosphorylating Thr<sup>495</sup> (Michell *et al.*, 2001). AMPK has been shown to phosphorylate Thr<sup>495</sup> *in vitro* (Chen *et al.*, 1999); however, the same has not been demonstrated *in vivo*, indicating a conflicting role for AMPK in the regulation of eNOS activity. However, Chen *et al.* (2009) recently demonstrated that Ser<sup>633</sup> phosphorylation could be important for endothelial NO production, and AMPK phosphorylates eNOS at Ser<sup>633</sup> in endothelial cells to generate NO

**Table 2**

Regulation of eNOS action by multiple protein kinases and phosphatases

Serial number	Kinases and phosphatases	eNOS phosphorylation site	Status of eNOS	References
1	PKB	Ser <sup>1177</sup> phosphorylation	Activation	Dimmeler <i>et al.</i> (1999)
2	PKA	Ser <sup>1177</sup> phosphorylation and Thr <sup>495</sup> dephosphorylation	Activation	Michell <i>et al.</i> (2001)
3	PKC	Ser <sup>1177</sup> dephosphorylation and Thr <sup>495</sup> phosphorylation	Inactivation	Michell <i>et al.</i> (2001)
4	AMPK	Ser <sup>633</sup> phosphorylation	Activation	Chen <i>et al.</i> (2009)
5	ERK1/2	Ser <sup>633</sup> phosphorylation	Activation	Xiao <i>et al.</i> (2011)
6	PP1	Thr <sup>495</sup> dephosphorylation	Inactivation	Fleming <i>et al.</i> (2001); Michell <i>et al.</i> (2001)
7	PP2A	Ser <sup>1177</sup> dephosphorylation	Inactivation	Michell <i>et al.</i> (2001); Mount <i>et al.</i> (2007)

(Chen *et al.*, 2009). Xiao *et al.* (2011) reported that ERK1/2 activation activates eNOS by enhancing Ser<sup>633</sup> phosphorylation in response to endoplasmic reticulum Ca<sup>2+</sup> release. Among the phosphatases, PP1 could dephosphorylate Thr<sup>495</sup> to activate eNOS, while PP2A could dephosphorylate Ser<sup>1177</sup> to inactivate eNOS (Fleming *et al.*, 2001; Michell *et al.*, 2001; Mount *et al.*, 2007). Taken together these results indicate that upon activation in response to signalling stimuli, eNOS generates NO from L-arginine, one of the most common endogenous amino acids, in the presence of molecular oxygen and NADPH as substrates, and tetrahydrobiopterin (BH<sub>4</sub>), flavin adenine dinucleotide, flavin mononucleotide as cofactors (Palmer *et al.*, 1988; Govers and Rabelink, 2001).

## The regulatory role of PPAR $\gamma$ in eNOS expression and activation and NO generation in conjunction with therapeutic potentials of PPAR $\gamma$ ligands in improving the function of vascular endothelium

PPAR $\gamma$  is mainly expressed in white and brown adipose tissue and also in endothelial cells and vascular smooth muscle cells (Tontonoz *et al.*, 1995; Kota *et al.*, 2005). As mentioned in the previous section, PPAR $\gamma$  agonists are used to specifically augment insulin sensitivity and to counter insulin resistance in T2DM patients. It is a clear that pharmacological agents that up-regulate and activate eNOS and enhance the generation and bioavailability of NO could be of therapeutic value in preventing the induction and progression of cardiovascular disorders, including atherosclerosis, hypertension and ischaemic heart disease. Recent studies have suggested a potential regulatory role of PPAR $\gamma$  on eNOS expression and activation and NO generation in the vascular endothelium. The following section addresses this imperative issue.

Administration of PPAR $\gamma$  activators such as rosiglitazone and pioglitazone in angiotensin-II-infused rats prevented the development of hypertension, reversed vascular remodelling, reduced vascular inflammation and improved endothelial

function (Diep *et al.*, 2004). Activation of PPAR $\gamma$  using 15-deoxy- $\delta$ -12,14-PGJ<sub>2</sub> (15d-PGJ<sub>2</sub>) or ciglitazone was shown to stimulate the release of NO from the endothelium to protect the vascular wall (Calnek *et al.*, 2003). Interestingly, this study demonstrated that the PPAR $\gamma$ -mediated release of NO might be independent of eNOS expression as both 15d-PGJ<sub>2</sub> and ciglitazone did not alter eNOS mRNA levels. It was suggested that a direct transcriptional mechanism could have been involved in PPAR $\gamma$ -mediated release of NO in endothelial cells (Calnek *et al.*, 2003). However, Polikandriotis *et al.* (2005) suggested that PPAR $\gamma$  activation could indirectly activate eNOS through a HSP90-dependent mechanism. The authors investigated the molecular mechanism underlying PPAR $\gamma$  activation-mediated increase in endothelial NO production. Treatment of human umbilical vein endothelial cells (HUVEC) with PPAR $\gamma$  agonists such as 15d-PGJ<sub>2</sub>, ciglitazone or rosiglitazone for 24 h was found to increase NO release. However, co-administration of GW9662, a selective PPAR $\gamma$  antagonist, inhibited the increase in NO release induced by 15d-PGJ<sub>2</sub>, ciglitazone or rosiglitazone implicating a key role for PPAR $\gamma$  in the induction of endothelial NO release (Polikandriotis *et al.*, 2005). Interestingly, rosiglitazone and 15d-PGJ<sub>2</sub>, but not ciglitazone, stimulated HSP90-eNOS interaction, followed by eNOS activation (at Ser<sup>1177</sup> phosphorylation). This suggests that PPAR $\gamma$  ligands have differential effects on eNOS-mediated release of NO from the endothelium. Moreover, in order to confirm the intermediate role of HSP90 in PPAR $\gamma$  activation-mediated eNOS activation and NO generation, the authors of this study investigated the effect of co-administration of the HSP90 inhibitor, geldanamycin; this was noted to attenuate 15d-PGJ<sub>2</sub>- and rosiglitazone-stimulated eNOS activation and NO release from endothelial cells, confirming the key role of HSP90 in this context (Polikandriotis *et al.*, 2005).

The elevated vascular oxidative stress is known to reduce endothelial bioavailability of NO. The oxygen free radicals combine with NO to form peroxynitrite, resulting in the reduced bioavailability of NO (Ferdinandy and Schulz, 2003). Hwang *et al.* (2005) investigated the effect of PPAR $\gamma$  ligands on superoxide anion generation-induced NO metabolism. Treatment with 15d-PGJ<sub>2</sub> or ciglitazone for 24 h decreased HUVEC membrane NADPH-dependent superoxide anion



generation by reducing relative mRNA levels of the NADPH oxidase subunits such as nox-1, gp91phox (nox-2) and nox-4, which was accompanied by an enhanced expression of SOD. The authors suggested that, in addition to stimulating NO release from the endothelium, PPAR $\gamma$  activation could also enhance NO bioavailability by reducing endothelial superoxide anion generation and oxidative stress (Hwang *et al.*, 2005). This study further revealed the underlying molecular mechanism involved in PPAR $\gamma$ -mediated regulation of NO physiology. Recently, it has been shown that oxidative stress attenuates PPAR $\gamma$  expression and activity in vascular endothelial cells through activation of inhibitory redox-regulated transcription factors and suppression of PPAR $\gamma$  transcription (Blanquicett *et al.*, 2010). Thus, PPAR $\gamma$  agonists, through a reduction in oxidative stress as reported by Hwang *et al.*, (2005), could activate their own PPAR $\gamma$ -mediated transcriptional programme for the regulation of the function of vascular endothelium.

Yuen *et al.* (2011) have recently suggested that PPAR $\gamma$  activation up-regulates eNOS expression. In this study, telmisartan, an AT $_1$  receptor blocker having PPAR $\gamma$  agonistic property, inhibited vasoconstriction in mice resistance arteries that was noted to be mediated through a PPAR $\gamma$ -dependent increase in eNOS expression and activation, independent of its classical AT $_1$  receptor blocking ability (Yuen *et al.*, 2011). Likewise, Toyama *et al.* (2011) suggested a direct role of PPAR $\gamma$  in providing vascular protection in the obese type 2 diabetic db/db mouse. In this study, telmisartan was noted to significantly ameliorate VED and the reduction in eNOS phosphorylation/activation in diabetic db/db mice. However, co-administration of GW9662 abolished these protective effects of telmisartan against VED in diabetic db/db mice (Toyama *et al.*, 2011), confirming the regulatory role of PPAR $\gamma$  in eNOS activation in providing vascular protection. In addition, treatment of Dahl salt-sensitive hypertensive rats with telmisartan effectively inhibited the vascular lesion formation such as medial thickness and perivascular fibrosis, but telmisartan plus GW9662 had no inhibitory effects, suggesting that the vasculoprotective effect of telmisartan is mediated through activation of PPAR $\gamma$  (Kobayashi *et al.*, 2008). Moreover, telmisartan was noted to decrease plasma levels of asymmetric dimethyl-L-arginine (ADMA), an endogenous inhibitor of eNOS, and subsequently improve vascular function in patients with essential hypertension; an effect that might be mediated via its PPAR $\gamma$  activating property (Ono *et al.*, 2009). Furthermore, Li *et al.* (2010) reported that the young male spontaneously hypertensive rat (SHR) showed significantly reduced expression of phosphatidylinositol 3-kinase (PI3K) and decreased phosphorylation of PKB-eNOS in vascular tissues. However, treatment with rosiglitazone increased vascular PPAR $\gamma$  expression, which was noted to be accompanied by restoration of PI3K/PKB/eNOS signalling activation, followed by improvement of endothelial function in the young SHR (Li *et al.*, 2010).

Diabetes mellitus-induced VED is associated with elevated levels of advanced glycation end products (AGEs). Liang *et al.* (2009) showed that AGEs could cause apoptosis of endothelial progenitor cells (EPCs), resulting in dysfunction of these cells. These authors investigated the role of PPAR $\gamma$  activation in AGEs-induced dysfunction of EPCs. Interestingly, PPAR $\gamma$  activation by rosiglitazone reduced the apoptosis of EPCs and

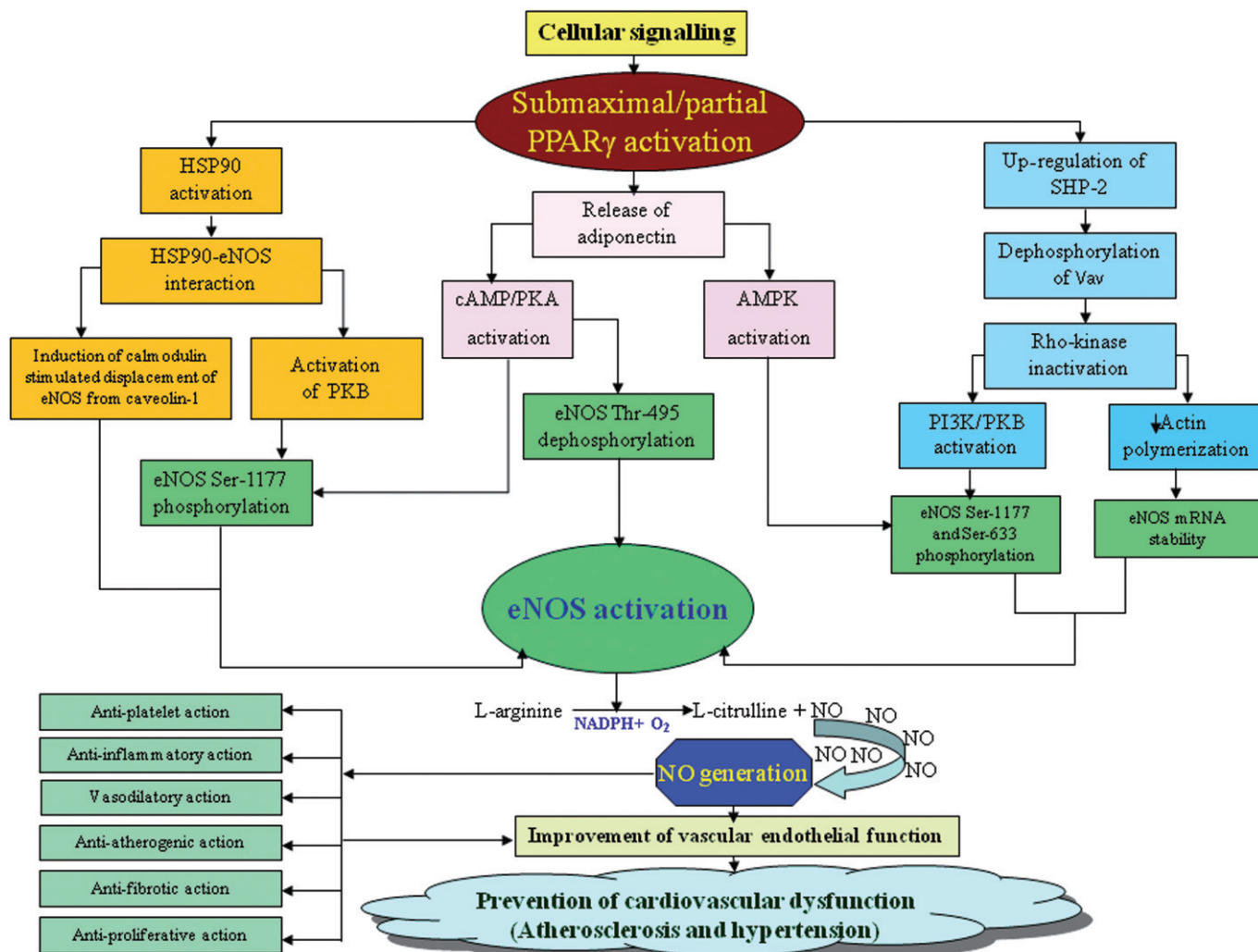
attenuated the dysfunction of EPCs induced by AGEs via up-regulation of PKB and eNOS signalling of EPCs (Liang *et al.*, 2009). Likewise, PPAR $\gamma$  activation using pioglitazone up-regulated PKB and eNOS phosphorylation resulting in the amelioration of VED and enhancement of blood flow recovery after tissue ischaemia in the diabetic mouse (Huang *et al.*, 2008).

The mechanism involved in PPAR $\gamma$  activation-mediated eNOS activation and improvement of endothelial function is not completely understood, although the key role of HSP90 was suggested by Polikandriotis *et al.* (2005) in this context. Additionally, Wong *et al.* (2011) have recently suggested that adiponectin, a hormonal protein secreted from adipose tissue, could play a key role in PPAR $\gamma$  activation-mediated eNOS activation and subsequent improvement of endothelial function. The authors demonstrated that PPAR $\gamma$  activation by rosiglitazone in the diabetic db/db mouse stimulated the release of adiponectin, which further activated AMPK/eNOS and cAMP/PKA signalling pathways in the aorta, resulting in a reduction in oxidative stress and the enhancement of NO bioavailability, leading to an improvement in endothelial function (Wong *et al.*, 2011). Intriguingly, the authors observed that PPAR $\gamma$  activation restored the aortic endothelium-dependent relaxation in the diabetic mouse, whereas the diabetic mouse lacking adiponectin did not respond (Wong *et al.*, 2011), suggesting strongly that adiponectin could mediate PPAR $\gamma$ -induced eNOS activation and NO generation to improve the function of the vascular endothelium.

It is well known that Rho-kinase, a serine-threonine kinase, plays a pivotal role in inducing VED by inactivating eNOS and reducing NO generation (Budzyn *et al.*, 2006; Nohria *et al.*, 2006). Intriguingly, Wakino *et al.* (2004) reported that activation of PPAR $\gamma$  inhibited Rho-kinase by up-regulating protein tyrosine phosphatase-2 (SHP-2). It should be noted that Vav, a GTP/GDP exchange factor, activates Rho-kinase. Thus Vav could be dephosphorylated by SHP-2. With this in mind, Wakino *et al.* (2004) convincingly demonstrated that PPAR $\gamma$  activation by pioglitazone in angiotensin-II-treated rat cultured aortic smooth muscle cells up-regulated SHP-2, which subsequently dephosphorylated Vav, resulting in inactivation of Rho-kinase. Importantly, Wakino *et al.* (2004) demonstrated that a similar mechanism was associated with PPAR $\gamma$ -mediated inhibition of Rho-kinase through up-regulation of SHP-2 in aortic tissues isolated from the SHR (Wakino *et al.*, 2004). Taken together these findings indicate that PPAR $\gamma$ -mediated up-regulation and activation of eNOS could involve HSP90, adiponectin and a Rho-kinase associated signalling mechanism (Figure 1).

## Is submaximal activation of PPAR $\gamma$ a valuable approach in the prevention of VED and VED-associated cardiovascular disorders?

The full agonists of PPAR $\gamma$  have been associated with severe adverse events. Although the adverse profiles of PPAR $\gamma$  agonists are highly disappointing, we cannot rule out the unexplored therapeutic potentials of pharmacological agents that



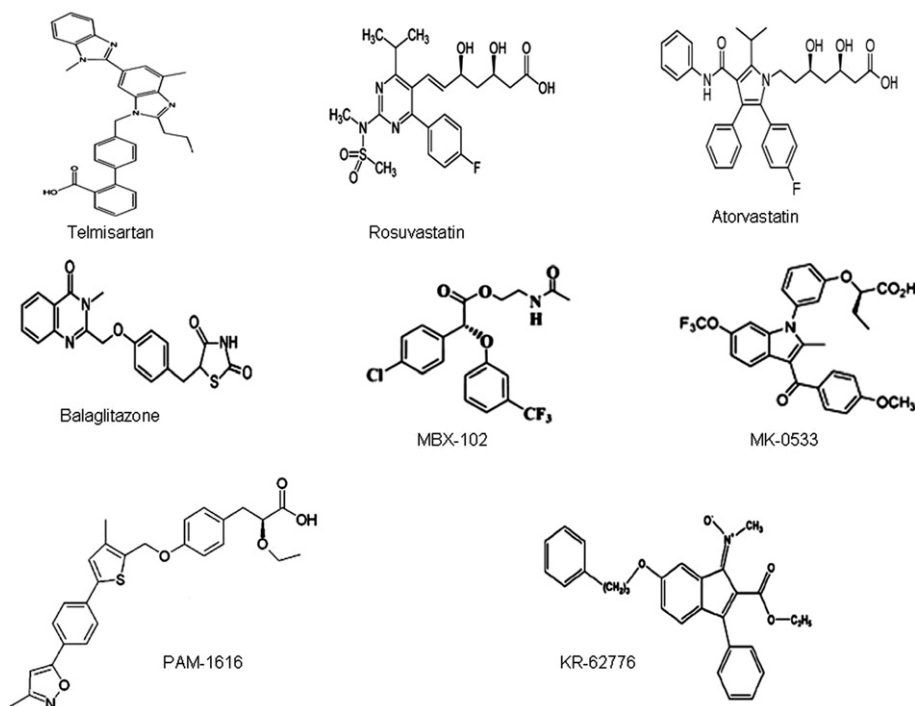
**Figure 1**

The cellular signalling system regulating PPAR $\gamma$ -mediated eNOS activity through phosphorylation/dephosphorylation at various sites of eNOS.

differentially target PPAR $\gamma$  in improving cardiovascular abnormalities. It is a matter of debate as to what extent PPAR $\gamma$  needs to be activated to achieve a desirable insulin sensitizing effect and consequently avoid major adverse events. In fact, full agonists of PPAR $\gamma$  such as ciglitazone and troglitazone have already been withdrawn from the market, and the clinical use of rosiglitazone and pioglitazone for the treatment of T2DM is under question due to their adverse profiles. Rosiglitazone, a well-studied PPAR $\gamma$  agonist, has been withdrawn from the market in several countries due to an increased risk of cardiovascular events (Palee *et al.*, 2011). We strongly believe that activating PPAR $\gamma$  at its maximal level may perhaps have undesirable effects on cardiovascular system, while submaximal/partial activation of PPAR $\gamma$  may have beneficial cardiovascular effects as seen with the telmisartan, a partial activator of PPAR $\gamma$ . Moreover, it is worth mentioning that the newly synthesized PPAR $\gamma$  partial agonists (Table 1 and Figure 2) such as balaglitazone, MBX-102, MK-0533, PAR-1622, PAM-1616, KR-62776 and SPPAR $\gamma$ M5 have been reported to be devoid of or have a reduced tendency to cause

the adverse effects associated with full agonist of PPAR $\gamma$  (Chang *et al.*, 2008; Acton *et al.*, 2009; Gregoire *et al.*, 2009; Kim *et al.*, 2009a,b; 2011; Henriksen *et al.*, 2011). We, therefore, propose that pharmacological agents that submaximally activate PPAR $\gamma$  need to be further investigated for their possible cardiovascular protective potential. This contention has been convincingly delineated in the following section.

Telmisartan is a safe and long-acting AT $_1$  receptor blocker effectively used as monotherapy for treating essential hypertension and hypertension-associated cardiovascular and renal disorders (Niegowska *et al.*, 2005; Ruilope, 2011). The cardiovascular and renal functional improvements associated with telmisartan are not only mediated through its AT $_1$  receptor blocking property but also through its partial PPAR $\gamma$  agonistic property (Benson *et al.*, 2004; Schupp *et al.*, 2004; Yamagishi and Takeuchi, 2005). It is worth noting that telmisartan affords cardiovascular protection exclusively through its ability to act as a partial PPAR $\gamma$  agonist, thereby activating eNOS and improving the endothelial function, independently of its AT $_1$  receptor block properties (Kobayashi *et al.*,

**Figure 2**

Chemical structures of pharmacological agents that submaximally activate PPAR $\gamma$ .

2008; Yuen *et al.*, 2011). Telmisartan inhibited 9,11-dideoxy-11 $\alpha$ ,9 $\alpha$ -epoxymethanoPGF<sub>2 $\alpha$</sub>  (U46619)- or endothelin-1-induced contraction of mesenteric arteries from male C57BL/6J mice. However, this inhibition was found to be abolished in mesenteric arteries from eNOS-knockout or PPAR $\gamma$ -knockout mice (Yuen *et al.*, 2011). Moreover, telmisartan-induced augmentation of eNOS expression and activation and NO production were reversed upon co-treatment with GW9662, a selective PPAR $\gamma$  antagonist. Interestingly, telmisartan-mediated eNOS activation through PPAR $\gamma$  activation was suggested to be unrelated to its antagonist effects on AT<sub>1</sub> receptors (Yuen *et al.*, 2011). This clearly indicates that telmisartan, through partial activation of PPAR $\gamma$ , thereby subsequently activating eNOS and generating NO in the vascular endothelium, has endothelial protective potential. Wenzel *et al.* (2008) demonstrated that telmisartan therapy reduced vascular oxidative stress, prevented the down-regulation of BH4-synthesizing enzyme (GTP-cyclohydrolase I) expression and inhibited eNOS uncoupling to prevent endothelial dysfunction in experimental diabetes mellitus. Moreover, the phosphorylation of eNOS at Ser<sup>1177</sup> was noted to be decreased as a result of diabetes mellitus and this was considerably normalized by telmisartan therapy (Wenzel *et al.*, 2008), explaining the beneficial effect of telmisartan in preventing diabetes mellitus-induced VED. A recent study confirmed that the vascular protective potential of telmisartan against diabetes mellitus-associated VED and associated vascular complications is predominantly mediated through its partial PPAR $\gamma$  activating property (Toyama *et al.*, 2011). Telmisartan treatment of apolipoprotein E-deficient mice fed a high-fat diet was shown to significantly reduce

blood pressure and considerably improve endothelial dysfunction (as assessed by the vasodilator response to acetylcholine) by modulating eNOS expression in the aorta; an effect that might be due to its action as a partial agonist of PPAR $\gamma$  (Nakagami *et al.*, 2008). Moreover, telmisartan was suggested to enhance the bioavailability and vascular generation of NO through a PPAR $\gamma$ -mediated action (Ikejima *et al.*, 2008). In this study, telmisartan was found to increase acetylcholine-mediated release of NO in genetically hyperlipidaemic rabbits [Watanabe heritable hyperlipidemic (WHHL) rabbits]; an effect that was abolished by co-treatment with the selective PPAR $\gamma$  antagonist, GW9662. Moreover, telmisartan decreased the atherosclerotic plaque area in the thoracic aorta of WHHL rabbits (Ikejima *et al.*, 2008). A recent study revealed that telmisartan could protect against the impaired vasodilatation observed in genetically fatty rats with metabolic syndrome through its anti-oxidative and anti-nitrative stress properties (Kagota *et al.*, 2011). Interestingly, the PPAR $\gamma$ -mediated vascular endothelial protective potential of telmisartan was confirmed by Ono *et al.* (2009) in patients with essential hypertension. Telmisartan improved VED by reducing ADMA, an eNOS inhibitor synthesized by endothelial cells, and decreasing pulse-wave velocity through its additional mechanism associated with PPAR $\gamma$  activation, independent of its AT<sub>1</sub> receptor blockade-mediated hypotensive action (Ono *et al.*, 2009). The leucocyte-endothelial interaction is a fundamental event in the induction and progression of atherosclerotic plaques. Cicha *et al.* (2011) demonstrated that telmisartan has ability to decrease TNF- $\alpha$ -induced recruitment of monocytic cells and endothelial expression of vascular cell adhesion molecule-1 (VCAM-1) in human umbilical

vein endothelial cells. However, the inhibitory effect of telmisartan on monocytic cell recruitment and VCAM-1 induction was found to be attenuated in the presence of the PPAR $\gamma$  antagonist, GW9662, suggesting a key role of PPAR $\gamma$  activation in this process. These authors suggested that this mechanism could possibly contribute to the beneficial effects of telmisartan in protecting atherosclerosis-prone arterial regions (Cicha *et al.*, 2011). It is worth mentioning that telmisartan has the potential to down-regulate the expression of AT $_1$  receptors both at the mRNA and protein levels in a dose- and time-dependent manner (Imayama *et al.*, 2006). This study, intriguingly, demonstrated that telmisartan-induced down-regulation of AT $_1$  receptors was mediated through its ability to activate PPAR $\gamma$  (Imayama *et al.*, 2006). Thus, it is possible that submaximal activation of PPAR $\gamma$  could inhibit the detrimental effects of angiotensin-II on the cardiovascular system through down-regulation of AT $_1$  receptors as well. Therefore, submaximal PPAR $\gamma$  activation could, in fact, be beneficial in preventing cardiovascular abnormalities associated with overactivation of the renin-angiotensin-aldosterone system (RAAS).

Statins are promising agents for improving vascular endothelial function and preventing the pathogenesis of atherosclerosis and hypertension and both-associated cardiovascular disease. We have recently suggested a potential interplay between statins and PPARs in preventing cardiovascular abnormalities (Balakumar and Mahadevan, 2012). It is noteworthy that treatment of mice deficient in LDL receptors and leptin (obese dyslipidemic mice with elevated blood pressure due to NO-sensitive blood pressure variability) with rosuvastatin normalized elevated blood pressure, independently of changes in plasma cholesterol, by up-regulating PPAR $\gamma$  in the aortic arch (Desjardins *et al.*, 2008). However, GW9662 and siRNA raised against PPAR $\gamma$  prevented the blood pressure-lowering effect of rosuvastatin, suggesting that up-regulation of PPAR $\gamma$  in the endothelium could play an additional role in the vasculoprotective effects of rosuvastatin (Desjardins *et al.*, 2008). This study strongly suggested that rosuvastatin regulates blood pressure homeostasis via a PPAR $\gamma$ -NO-dependent mechanism (Desjardins *et al.*, 2008). In addition, the anti-atherogenic effect of atorvastatin in male Japanese rabbits fed high cholesterol was found to be associated with an increase in the expression of PPAR $\gamma$ , enhancement of NO concentration and decrease in plasminogen activator inhibitor-1 level (Yang *et al.*, 2010). These studies suggest that the generation of NO and subsequent endothelial protection induced by statins could be mediated through a PPAR $\gamma$  signalling mechanism. Moreover, we have recently suggested that eNOS could play a pivotal role in mediating statins-associated cardiovascular protection (Balakumar *et al.*, 2012).

Ischaemic pre- and post-conditioning are well-known endogenous cardioprotective methods (Balakumar and Babbar, 2012). It has been suggested that the inhibitory effect of lovastatin on the cardioprotective and infarct size-limiting potentials of ischaemic pre- and post-conditioning (Kocsis *et al.*, 2008) could possibly involve an altered expression pattern of PPAR $\gamma$  (Onody *et al.*, 2003), suggesting a possible adverse cross-talk modulation of PPAR $\gamma$  by statins.

Numerous studies have demonstrated the cardiovascular protective properties of red wine. Red wine polyphenols improved cardiovascular remodelling and vascular function

in rats with NO-deficient hypertension. Furthermore, red wine significantly depresses experimental myocardial fibrosis and enhances endothelium-dependent relaxation in the aorta (Bernátová *et al.*, 2002; Pechánová *et al.*, 2004). Interestingly, the ameliorating effects of red wine on cardiometabolic disease have been shown to be partially associated with its ability to activate PPAR $\gamma$  (Zoechling *et al.*, 2011). Some natural substances like curcumin have cardioprotective effects due to a potent anti-oxidant action (Miriylala *et al.*, 2007). Interestingly, curcumin has the ability to activate PPAR $\gamma$  (Jacob *et al.*, 2007). Therefore, it is possible that the PPAR $\gamma$  activating property of curcumin may play a role on its cardioprotective action; however, further studies are needed to prove this contention. Taken together, the pharmacological agents that submaximally activate PPAR $\gamma$ , as listed in Table 1, should be investigated to explore their potential in preventing cardiovascular disorders.

## Concluding remarks

Discrepancies have persisted ever since the approval of thiazolidinedione-like PPAR $\gamma$  full agonists for the treatment of T2DM. PPAR $\gamma$  full agonists, indubitably, achieved their clinical target of enhancing insulin sensitivity and reducing hyperglycaemia in patients with T2DM. Unfortunately, these agents have been associated with serious adverse effects, including liver dysfunction, fluid retention, oedema and heart failure, leaving pioglitazone as the only thiazolidinedione suitable for the clinical use. However, the incidence of bladder cancer with pioglitazone has meant that there are now no thiazolidinediones available for clinical use to treat patients with T2DM. Moreover, a rosiglitazone-like full agonist of PPAR $\gamma$  has almost been withdrawn from the market due to its high incidence of cardiovascular side effects such as increased risk of coronary heart disease and heart attack. It seems that the road for full PPAR $\gamma$  agonists has come to an end due to their undesirable side effects. However, telmisartan, being a partial PPAR $\gamma$  agonist, does not have such adverse side effects, and it has the potential to preventing the dysfunction of vascular endothelium and improve cardiovascular outcomes in patients with cardiovascular and renal abnormalities independently of its classical AT $_1$  receptor blocking action. Therefore, it is plausible that partial/submaximal activation of PPAR $\gamma$  may have a selective vascular protective action devoid of the undesirable side effects associated with full PPAR $\gamma$  agonists. Furthermore, submaximal activation of PPAR $\gamma$ , by activating eNOS, generating NO, reducing oxidative stress, enhancing the bioavailability of NO and inhibiting the adhesion cascade and vascular inflammation, could have an important endothelial defensive action. The partial activation of PPAR $\gamma$ , as in the case of telmisartan, induces enough of an insulin sensitizing action (which might not be as marked as that of full PPAR $\gamma$  agonists), has a selective action on the regulation of vascular function and improves VED. In addition to telmisartan's submaximal action on PPAR $\gamma$  in preventing VED, another class of drugs, statins, have been shown to have vascular protective potential by a mechanism involving the up-regulation and activation of PPAR $\gamma$ . Therefore, developing a new generation of selective, partial PPAR $\gamma$  agonists that submaximally activate



PPAR $\gamma$  may have important implications for the regulation of vascular endothelial function and may offer new perspectives for the treatment of VED and VED-associated cardiovascular disorders such as atherosclerosis, hypertension and coronary heart disease. In the light of this, an investigation into the vascular protective potentials of pharmacological agents that submaximally activate PPAR $\gamma$  such as balaglitazone, MBX-102, MK-0533, PAR-1622, PAM-1616, KR-62776 and SPPAR $\gamma$ M5 (these compounds are devoid of or have a reduced tendency to cause the adverse side effects associated with full PPAR $\gamma$  agonists) is urgently needed.

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## Conflict of interest

No conflict of interest has been declared.

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